

Note to our Foodservice operators:

For those states or districts which allow bulk food distribution, our Prepared Macaroni and Cheese is a great option for families to heat and serve! Please provide one 5-pound pouch of frozen macaroni and cheese to each family and include the following preparation instructions and nutrition facts sheet with each pouch.

Preparation Instructions For Heating at Home Land O Lakes[®] Prepared Macaroni and Cheese

Preparation Instructions per individual pouch: Thaw the product overnight in a refrigerator prior to heating. For food safety product must be heated to 165°F within two days of being thawed. Once cooked, product can be stored refrigerated for up to three days.

Note: Heating times can vary with type of equipment used.



Stock Pot on Stovetop from Thawed:

Open pouch and pour thawed macaroni and cheese into large pot. Heat on medium-low, stirring frequently, until macaroni and cheese is hot and reaches temperature of 165°F. *Warning: Product will be hot. Refrigerate leftovers in covered container for up to three days.*



Conventional Oven Method from Thawed:

Preheat oven to 350°F. Remove thawed product from pouch and place product into 9x13 casserole pan. Cover tightly with Aluminum Foil. Heat in oven for 35-45 minutes until temperature reaches 165°F. *Warning: Product will be hot. Refrigerate leftovers in covered container for up to three days.*

Serving suggestions: Serve along side another protein or combine with ground beef and onions to make cheeseburger mac!



For more recipes and inspiration visit:
www.landolakesfoodservice.com

Instrucciones de preparación para calentar en casa Macaroni y Queso preparado de Land O Lakes[®]

Instrucciones para preparar paquete individual - derrita el producto en el refrigerador antes de calentarlo. Para mantener la seguridad alimenticia, necesita calentar la comida a 74°C / 165°F entre dos días después de que este Derretido. Después de cocinado, producto puede mantenerse refrigerado asta 3 días.

Advertencia : Los tiempos de calentamiento pueden variar según el tipo de equipo utilizado

Instrucciones para calentar en cazuela en estufa con producto Derretido:



Vacié el contenido del recipiente de Macaroni Y Queso en una cazuela grande. Caliente el Macaroni con queso en temperatura medio bajo, batiendo frecuentemente, hasta que el Macaroni y queso este caliente y llegue a la temperatura 74°C / 165°F. Advertencia: El contenido estará caliente. Refrigere las sobras en un contenedor cubierto. **El Macaroni Y queso se puede consumir asta por 3 días.**

Instrucciones para calentar en Horno con producto derretido:



Precaliente el horno a 174°C / 350°F. Vacié el contenido del recipiente de Macaroni Y Queso en un sartén para hornear de dimensión 9"x13". Cubra el sartén firmemente con papel de aluminio. Caliente en el horno por 35-45 minutos, o asta que la temperatura del Macaroni y Queso llegue a 74°C / 165°F. Advertencia: El contenido estará caliente. Refrigere las sobras en un contenedor cubierto. El Macaroni Y queso se puede consumir asta por 3 días.



Sugerencia para servir: sirva con una proteína o combine con carne de res molida y cebolla para hacer "Cheesebuger Mac!"

Para mas recetas y inspiraciones visite a
www.landolakesfoodservice.com



Land O Lakes® Prepared 25% Reduced Sodium and 50% Reduced Fat Macaroni and Cheese with Whole Grain (code 43274)

NUTRITION FACTS

Serving Size:	2/3 cup (170g) (6oz)
Servings per pouch	13
Amount Per Serving	
Calories	280 kcal
	% Daily Value*
Total Fat 11 g	14 %
Saturated Fat 5 g	25 %
Trans Fat 0 g	
Cholesterol 25 mg	8 %
Sodium 670 mg	29 %
Total Carbohydrate 29 g	11 %
Dietary Fiber 2 g	7 %
Total Sugars 6 g	
Added Sugars 0 g	0 %
Protein 17 g	29 %
Vitamin D 0 mcg	0 %
Calcium 408 mg	30 %
Iron 1 mg	6 %
Potassium 730 mg	15 %
Vitamin A 136 mcg	15 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

Cooked Enriched Whole Grain Pasta (water, whole durum wheat flour, semolina, egg whites, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), Reduced Sodium Reduced Fat American Cheese [cultured pasteurized milk and skim milk, contains less than 2% of salt, potassium phosphate, sodium phosphate, lactic acid, sorbic acid (preservative), annatto and oleoresin paprika (color), vitamin A palmitate, enzymes], Water, Maltodextrin, Contains Less Than 2% of Natural Flavor, Butter (cream, salt), Salt, Food Starch - Modified, Xanthan Gum. CONTAINS: Milk, Wheat, Egg

Kosher: No

** Claim Information: 25% Less Sodium than regular Land O'Lakes® Macaroni and Cheese, 50% Less Fat than regular Land O'Lakes® Macaroni and Cheese, Contains 1000mg Sodium compared with 1340mg Sodium per 1 cup serving in regular Macaroni and Cheese, Contains 16g Total Fat compared with 32g Total Fat per 1 cup serving in regular Macaroni and Cheese, Made with 51% Whole Grain Pasta



Land O Lakes® Prepared 50% Reduced Fat Macaroni and Cheese with Whole Grain (code 43277)

NUTRITION FACTS

Serving Size:	2/3 cup (170g; 6oz)
Servings per pouch	13
Amount Per Serving	
Calories	290 kcal
	% Daily Value*
Total Fat 11 g	14 %
Saturated Fat 6 g	30 %
Trans Fat 0 g	
Cholesterol 30 mg	10 %
Sodium 980 mg	43 %
Total Carbohydrate 31 g	11 %
Dietary Fiber 2 g	7 %
Total Sugars 6 g	
Added Sugars 0 g	0 %
Protein 17 g	29 %
Vitamin D 0 mcg	0 %
Calcium 419 mg	30 %
Iron 1 mg	6 %
Potassium 210 mg	4 %
Vitamin A 111 mcg	10 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

Cooked Enriched Whole Grain Pasta (water, whole durum wheat flour, semolina, egg whites, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), Reduced Fat American Cheese (cultured pasteurized milk and skim milk, salt, sodium phosphate, contains less than 2% of lactic acid, annatto and oleoresin paprika [color], vitamin A palmitate, enzymes), Water, Maltodextrin, Contains Less Than 2% of Natural Flavor, Autolyzed Yeast Extract, Butter (cream, salt), Food Starch-Modified, Xanthan Gum.
 CONTAINS: Milk, Wheat, Egg

Kosher: No

** Claim Information: 50% Less Fat than regular Land O'Lakes © Macaroni and Cheese, Contains 16g Total Fat compared with 32g Total Fat per 1 cup serving in regular Macaroni and Cheese, Made with 51% Whole Grain Pasta



Land O Lakes[®] Prepared 50% Reduced Fat Macaroni and Cheese (code 43284)

NUTRITION FACTS

Serving Size:	2/3 cup (170g) (6oz)
Servings per pouch	13
Amount Per Serving	
Calories	290 kcal
	% Daily Value*
Total Fat 11 g	14 %
Saturated Fat 6 g	30 %
Trans Fat 0 g	
Cholesterol 30 mg	10 %
Sodium 980 mg	43 %
Total Carbohydrate 32 g	12 %
Dietary Fiber 1 g	4 %
Total Sugars 6 g	
Added Sugars 0 g	0 %
Protein 17 g	29 %
Vitamin D 0 mcg	0 %
Calcium 417 mg	30 %
Iron 1 mg	6 %
Potassium 200 mg	4 %
Vitamin A 116 mcg	15 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

Cooked Enriched Pasta (water, semolina, egg whites, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), Reduced Fat American Cheese [cultured pasteurized milk and skim milk, salt, sodium phosphate, contains less than 2% of lactic acid, annatto and oleoresin paprika (color), vitamin A palmitate, enzymes], Water, Maltodextrin, Contains Less Than 2% of Natural Flavor, Autolyzed Yeast Extract, Butter (cream, salt), Food Starch-Modified, Xanthan Gum. CONTAINS: Milk, Wheat, Egg

Kosher: No

** Claim Information: 50% Less Fat than regular Land O'Lakes[®] Macaroni and Cheese, Contains 16g Total Fat compared with 32g Total Fat per 1 cup serving in regular Macaroni and Cheese



Land O Lakes[®] Prepared Macaroni and Cheese with Whole Grain (code 43292)

NUTRITION FACTS

Serving Size:	6 oz (170g)
Servings per pouch	13
Amount Per Serving	
Calories	350 kcal
	% Daily Value*
Total Fat 21 g	27 %
Saturated Fat 13 g	65 %
Trans Fat 1 g	
Cholesterol 65 mg	22 %
Sodium 910 mg	40 %
Total Carbohydrate 23 g	8 %
Dietary Fiber 2 g	7 %
Total Sugars 3 g	
Added Sugars 0 g	0 %
Protein 17 g	29 %
Vitamin D 0 mcg	0 %
Calcium 393 mg	30 %
Iron 1 mg	6 %
Potassium 170 mg	4 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

Cooked Enriched Whole Grain Pasta (water, whole durum wheat flour, semolina, egg whites, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), Pasteurized Process American Cheese [Cheddar Cheese (cultured milk, salt, enzymes), cream, sodium phosphate, salt, apo-carotenal and annatto extract (color)], Water, Contains Less Than 2% of Butter (cream, salt), Whey, Buttermilk, Food Starch - Modified, Natural Flavor, Autolyzed Yeast Extract, Sugar, Spice, Xanthan Gum, apo-Carotenal (color).CONTAINS: Milk, Wheat, Egg

Kosher: No



Land O Lakes® Prepared 25% Reduced Sodium and 50% Reduced Fat Macaroni and Cheese (code 43294)

NUTRITION FACTS

Serving Size:	2/3 cup (170g) (6oz)
Servings per pouch	13
Amount Per Serving	
Calories	280 kcal
	% Daily Value*
Total Fat 11 g	14 %
Saturated Fat 6 g	30 %
Trans Fat 0 g	
Cholesterol 30 mg	10 %
Sodium 670 mg	29 %
Total Carbohydrate 30 g	11 %
Dietary Fiber 1 g	4 %
Total Sugars 6 g	
Added Sugars 0 g	0 %
Protein 17 g	
Vitamin D 0 mcg	0 %
Calcium 405 mg	30 %
Iron 1 mg	6 %
Potassium 710 mg	15 %
Vitamin A 188 mcg	20 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

Cooked Enriched Pasta (water, semolina, egg whites, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), Reduced Sodium Reduced Fat American Cheese [cultured pasteurized milk and skim milk, contains less than 2% of salt, potassium phosphate, sodium phosphate, lactic acid, sorbic acid (preservative), annatto and oleoresin paprika (color), vitamin A palmitate], Water, Maltodextrin, Contains Less Than 2% of Natural Flavor, Butter (cream, salt), Salt, Food Starch-Modified, Xanthan Gum. CONTAINS: Milk, Wheat, Egg

Kosher: No

** Claim Information: 25% Less Sodium than regular Land O'Lakes® Macaroni and Cheese, 50% Less Fat than regular Land O'Lakes® Macaroni and Cheese, Contains 1000mg Sodium compared with 1340mg Sodium per 1 cup serving in regular Macaroni and Cheese, Contains 16g Total Fat compared with 32g Total Fat per 1 cup serving in regular Macaroni and Cheese